



THE IMPORTANCE OF EYE EXAMS

Eye exams are more than just “getting a prescription”. An eye exam is one of the best ways to protect your vision because it can detect eye problems at their earliest stage - when they’re most treatable.

- More than half of vision problems **may be prevented** by regular vision care examinations.
- Routine eye examinations may also detect other illnesses, such as high cholesterol, high blood pressure, diabetes, cancer, brain tumors, or multiple sclerosis.
- **One of every four** children has a vision problem. Early detection can enhance a child’s growth and development.
- Good vision is an essential component of a safe work environment. Proper eyewear on the job can mean much less time lost/employee absenteeism due to injuries and chronic eye-related problems such as headaches, neck and back strain, and eyestrain.
- Today’s workforce spends more time using computers. As a result, **ninety (90%) percent of employees suffer from eyestrain**, giving rise to productivity concerns.
- Vision insurance is a wellness benefit. Meaning, you do not have to be sick to use it. In fact, regular eye routine examinations can help you guard against becoming ill.